

# Sports Varsity (5th-8th Grade)

Location: El Camino YMCA

Director: Gil Fabian

## Summer-at-a-Glance



We build strong kids, strong families, strong communities.

SESSION DATES	El Camino YMCA Summer 2008					
	Monday	Tuesday	Wednesday	Thursday	Friday	THEME
SESSION 1 6/16-6/20	Intro To... Dribbling & Footwork	Conditioning Passing Trapping	<b>Off the Wall Soccer</b>  Field Trip	Shooting Attacking Defense Swim @Eagle	Tournament Day & BBQ	<b>Soccer Camp</b>
SESSION 2 6/23-6/27	Intro To... Passing Dribbling	Ball Handling Shooting Defense	<b>Sky High</b>  Field Trip	Positioning Offense Defense Swim @Eagle	Tournament Day & BBQ	<b>Y-Hoops Camp</b>
SESSION 3 6/30-7/3	Intro to... Bumping & Passing	Hitting Setting Serving	<b>Malibu Grand Prix</b>  Field Trip	Tournament Day & BBQ Swim @Eagle	<b>CAMP CLOSED</b>	<b>Volleyball Camp</b>
SESSION 4 7/7-7/11	Ultimate Frisbee Kickball	Basketball Football Softball	<b>Discovery Kingdom</b> Leave @7:45a Rtn @6:00p Field Trip	Soccer Team Games Swim @Eagle	Tournament Day & BBQ	<b>Y- World of Sports Camp</b>
SESSION 5 7/14-7/18	Intro To... Dribbling & Footwork	Conditioning Passing Trapping	<b>Bowling</b>  Field Trip	Shooting Attacking Defense Swim @Eagle	Tournament Day & BBQ	<b>Soccer Camp</b>
SESSION 6 7/21-7/25	Intro to... Bumping & Passing	Conditioning Serving Passing	Hitting & Setting	<b>SF Giants vs. Nationals</b> Baseball Game Field Trip	Tournament Day & BBQ	<b>Volleyball Camp</b>
SESSION 7 7/28-8/1	Ultimate Frisbee Kickball	Basketball Football Softball	Soccer Team Games	Group Games BBQ Swim @Eagle	<b>Association Olympics Day</b>  Field Trip	<b>Y-World of Sports Camp</b>
SESSION 8 8/4-8/8	Intro To... Passing Dribbling	Ball Handling Shooting Defense	<b>Great America</b>  Field Trip	Positioning Offense Defense Swim @Eagle	Tournament Day & BBQ	<b>Y-Hoops Camp</b>
SESSION 9 8/11-8/15	Water Games Capture the Flag Swimming	Balloon Mania Water Games Swimming	<b>Raging Waters</b>  Field Trip	Water Games & Sports Swimming	Slip & Slides & BBQ	<b>Wet &amp; Wild Camp</b>
Intersession 8/18-8/22	Camp available at the El Camino YMCA 2 day (Mon/Tues) and 5 day options available Register NOW, spaces will fill up!				TBD  Field Trip	

\*Trips and activities are subject to change

Updated: May 2nd, 2008